

MP3S

MOUNT PLEASANT THREES

As iron sharpens iron, so one man sharpens another.

Proverbs 27:17

The MP3 (Mount Pleasant Three) is a grass roots way of encouraging spiritual growth. This simple practice promotes accountability, fosters internal motivation for growth and ministry, and encourages participants to live and serve more authentically and joyfully.

Some suggestions for MP3s are:

1. Groups meet for about an hour on a regular basis (weekly/fortnightly). An hour is sufficient if you keep to the guideline of the MP3s.
2. MP3s are made of up three or four people (a fourth person might mean a new group is about to form).
3. MP3s consist of the same gender; men with men, and women with women.
4. There is no workbook, curriculum or specialised training involved.
5. No leader is needed for effective MP3s.
6. Be sure you pray for one another in your time together.

mountpleasant
baptist church



1. TRANSPARENCY & ENCOURAGEMENT

Be open, transparent, vulnerable and above all, encouraging to one another.

And let us consider how we may spur one another on toward love and good deeds. The prayer of the righteous is powerful and effective. Heb 10:24

Therefore confess your sins to one another, and pray for one another, so that you may be healed. Jas 5:16

The purpose of MP3s

2. SCRIPTURE

Encourage and promote accountability in regard to the regular reading of Scripture.

Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. Col 3:16-17

All scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.

2 Tim 3:16-17

3. PRAYER

Pray strategically and specifically for one another, for each others' families, those who do not yet know Jesus, and other relevant needs.

And pray in the Spirit on all occasions with all kinds of prayers and requests Eph 6:18

I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone — for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Saviour, who wants all men to be saved and to come to a knowledge of the truth. 1 Tim 2:1-4