



mountpleasant
baptist church

Children's Activity: Sunday 3 May 2020

Bible Reading: Matthew 11:28-30

Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.

DISCUSSION: Hot Tip - Let everyone in the family have a turn of contributing to this discussion multiple times, there are no wrong answers.

Discussion Questions:

Have you ever been on a long, hard walk? (discuss as a family how you felt climbing bluff knoll or walking around a large lake or shopping centre).

1. Who wanted to give up, be carried or turn back?
2. Who wanted to see it to the finish and was strongly determined to push on?
3. Did you rest? When and why?

ACTIVITY: [See attachment from [Together@Home UK](#)]

The Israelites had a HUGE walk, and when they crossed into The Promised Land they used rocks to remind them that God had been with them in their difficult times and would continue to be their God; You can read about it in Joshua 4:19-24.

- Go on a search around your garden or a longer walk together, collect some rocks and then sort them and match them to those in the attached simple prayers.
- Decorate your rocks to hide for others or to keep as a COVID19 reminder. You could write an encouraging word on them or a Bible verse, fun COVID19 event or just do a pattern that you like.

Prayer:

Use the attached guide as you pray for others during this time. Thank God for the rest He gives us and that He always walks with us.

together

I can pray...a rock hunt

Joshua 4 v 21

"In the future your children will ask you,
What do these rocks mean?"



In the story of Joshua, the tribes of Israel collected rocks and placed them at the point where God took them across the river Jordan into the promised land. They were to be a reminder of all that God had done for them in the past and all his promises for the future. Here are some rock themed activities for you and your family.

Rocks prayer hunt

Go on a search around your garden or on your daily walk, collect some rocks and then sort them and match them to these simple prayers together.

Your **ROUNDEST** Rock



Dear God, we pray for everybody around the world affected by this pandemic. Help those in the world's poorest countries, protect them through this difficult time.

Your **BIGGEST** Rock



Dear God, we pray for the leaders and government of our country as they make difficult decisions and work to keep us all safe.

Your **SMALLEST** Rock



Dear God, we pray for all the children who are not able to go to their school, help them to learn and have fun in their homes.

Your **PLAINEST** Rock



Dear God, we pray for all those who may go unnoticed but who are doing essential work – our delivery drivers, rubbish collectors and many more working in our community.

A **MULTICOLOURED** Rock



Dear God, thank you for all the colourful rainbows that have appeared in windows. We pray for all those living on our street that they would not feel lonely but would feel connected and loved during lockdown.

Your most **SQUARE** Rock



Dear God, we pray for all those keyworkers working in our hospitals and shops, thank you to all those who are working to keep us safe.

Decorate a rock to hide

You will need: Paint and Brushes
or felt tip pens

Pick a few of the rocks that you have collected. Wash them and then leave them to dry.

Once your rocks are dry; paint or draw a design on them. You could write an encouraging word or Bible reference on them, or just do a pattern that you like.

Once your rocks are ready release them back into the wild for somebody else to find! Pray that whoever finds your rock will be blessed and encouraged.



What do these rocks mean?

Just as the Israelites built a pile of rocks to remind them of how God had looked after them.; why not start your own rock collection in your home?

When something good happens to your family during lockdown or you do something fun together write it on a rock as a reminder.

On days when you are struggling as a family you could go back and remember a better day and say thank you to God as you remember. Just like the Israelites we can hold onto God's promise that he has good plans for our future and that there will be better days ahead.

Psalms 9:1

"I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds."

